



**Date:
Friday 25th
September 2026**

**Time:
From
1pm**

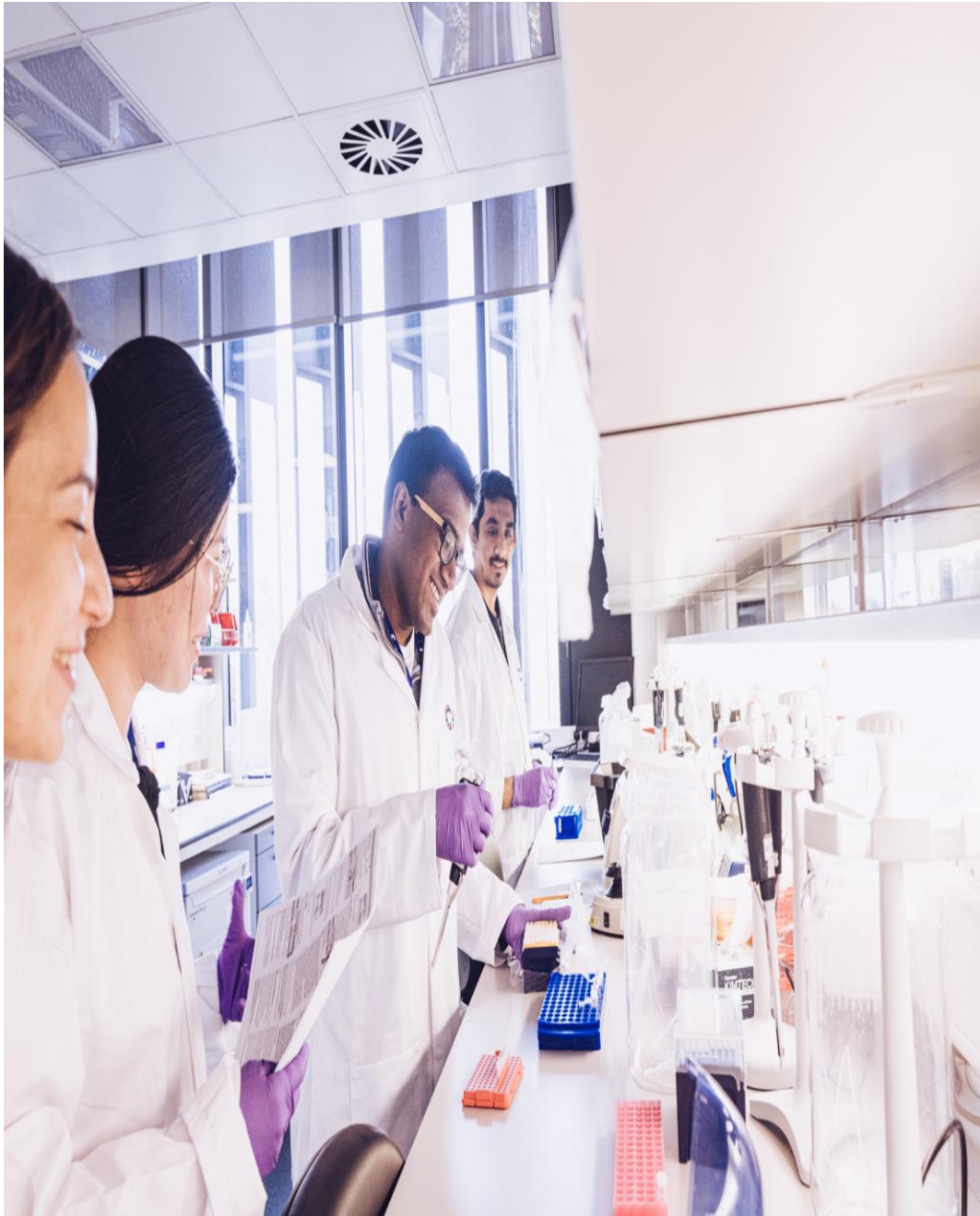
Rope4Hope The Next Generation Challenge

Head Teachers'
Information pack

Any questions:

contact@rope4hope.com



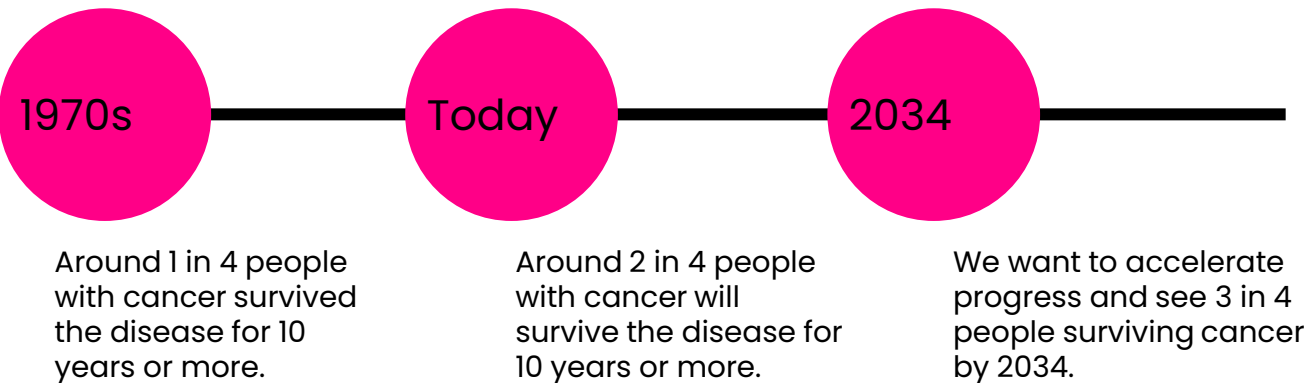


A huge thank you

Thank you for showing interest in our Rope4Hope-Schools, The Next Generation Challenge.

Your support is vital. Every pound you raise will help us find new ways to outsmart cancer, so more people can spend more precious moments with their loved ones.

Thank you for making progress possible.



The Next Generation Challenge – Welcome!

Your school is about to become part of something bigger – a nationwide movement giving children the opportunity to make a real difference!

Your pupils and wider school community will learn about integrity, resilience, teamwork and responsibility.

Together we will unite, jump up and jump all over cancer!

This is your step-by-step guide for joining the Rope4Hope movement, supporting Cancer Research UK through fun, inclusive skipping challenges.

Why Rope4Hope – The Next Generation Challenge works for schools!

Physical Activity

Skipping is simple, inclusive and energising for pupils of all abilities

Teamwork

Classes work together towards shared skipping goals and build school spirit

Wellbeing

Short daily sessions boost energy, coordination and confidence

Fundraising

Pupils learn how small collective actions can make a huge impact & support Cancer Research UK

Easy to Run

Activities fit easily into PE lessons, break times or assemblies. We provide all the resources (except ropes!)

National Movement

Connect and unite with schools across the UK

5 Reasons Head Teachers say “YES”

One

Easy to organise

We provide sign up process, branded paperwork and technical support

Two

Build confidence

Show what's possible when young minds are inspired to move, connect and lead

Three

Foster resilience & teamwork

Encourage support for each other, inspire determination and ignite school spirit

Four

Unite your school and local community

Pupils set ambitious goals and gain valuable leadership traits:- confident, compassionate, community minded

Five

Include everyone

Skipping is accessible for all pupils and encourages movement

Most Important!

Help save lives!

Together we skip towards a stronger, kinder, healthier future

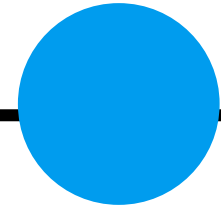
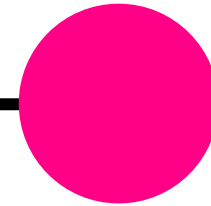
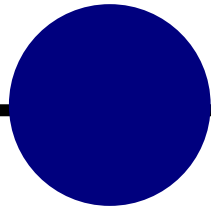
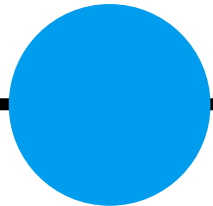
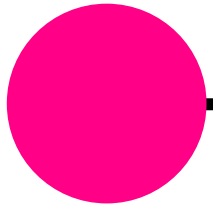
Your easy steps to success! (pt 1)

Register your school

Set up your schools Fundraising page

Each pupil Donates To take part

Introduce the Event to your pupils



Visit
www.rope4hope.com

We'll send a link in your welcome pack. Classes and individuals can also set their own pages up encouraging friendly competition!

Just like a non-uniform day, children donate £1 to take part.

This contributes to event running costs as well as igniting initial fund raising

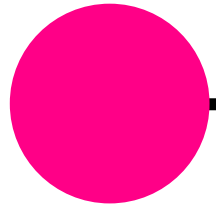
April '26 to end of July '26

Announce the event in your assemblies and school newsletters.

We'll help to provide information and a skipping demonstration

Your easy steps to success (pt 2)

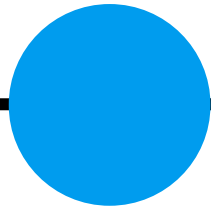
Join The 42 day Skip Challenge



1st Aug to
11th Sept

National Public
Challenge:
100 skips per day!
From Zero to
R4H Hero

The Big Skip of '26

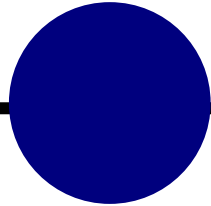


Saturday
12th September

Our Flagship
National Event.

London Venue
and online

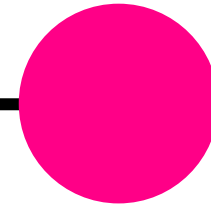
The Next Generation Builds momentum



14th Sept to
24th Sept

Playground skips,
class totals and fun
challenges

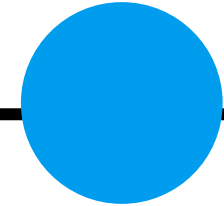
The Next Generation Challenge



Friday
25th September

Host your very own,
R4H – The Next
Generation
Challenge event
day

Your event day outline



1.30pm – gather in your
event area – playground or
school hall
2.00pm – your Magic
Minute – unite with other
schools across the UK –
jump together and have
fun!
2.01pm – CELEBRATE your
way! Raise more funds for
CRUK & your school!



Join the movement

Rope4Hope –Schools

The Next Generation Challenge

Friday 25th September 2026

Together we are skipping, fundraising and helping to support life saving research

Register Your School Today!

<https://rope4hope.com/index.php/save-the-date-register-interest/>